# Rural Healthcare Workforce



Long distances between hospitals and a limited number of local primary care providers and specialists can seriously affect the health and well-being of Veterans who live in rural communities.



of all Americans live in rural areas, with

of Veterans who rely on VA for health care, but only



of physicians practice there.

# **By the Numbers**

Although nearly 25 percent of Americans live in rural communities, only about 10 percent of physicians practice there.<sup>1</sup> Additionally, the National Rural Health Association reports that 77 percent of rural U.S. counties are currently considered to be a primary care health professional shortage area. Thirty-three percent (2.7 million) of Veterans who are enrolled to receive health care from the U.S. Department of Veterans Affairs (VA) call these rural communities home.

The U.S. Department of Veterans Affairs' (VA) Office of Rural Health (ORH) uses the President's Rural Health Initiative budget line item of \$250 million to build rural-focused health care solutions that enable Veterans, regardless of where they live, to obtain a similar standard of care. In fiscal year 2017, ORH used five percent of its budget (\$12 million) to fund seven Enterprise-Wide Initiatives that provide training to rural health care teams at 51 VA medical sites nationwide. The training initiatives combine in-person and virtual training to elevate local provider's skills so they can offer basic specialty care services to rural patients including geriatric, obstetrics and gynecology, nephrology, and psychiatry. This expansion of clinical skills helps offset the specialty care provider shortage in rural communities through a focus on provider and student learning.

### **Rural Health Training Initiative**

This program provides rural clinical training sites for health professionals, students and residents. Trainees include social workers, nurse practitioners, pharmacists, psychiatrists, optometry students, and dental and family medicine residents.

#### **Suicide Prevention**

Through the use of simulation-based learning, rural clinicians train and improve their identification, interaction and treatment of rural Veterans at risk for suicide.



# The Geriatric Scholars Program

The Geriatric Scholars Program addresses geriatrician shortages through targeted education for rural health care providers, clinical pharmacists, social workers and psychologists. This initiative incorporates educational courses, virtual mentoring by specialists and clinical training exercises to increase geriatric care expertise throughout the local care team.

#### Women's Health

Rural clinicians receive onsite education from a mobile training team in order to provide fundamental women's care to Veterans such as breast and pelvic exams.

### **Specialty Care**

Through VA's Extension for Community Healthcare Outcomes (ECHO) expansion, rural providers use telehealth technology to train on a wide variety of specialties, including treatment for chronic kidney disease, hepatitis C, diabetes, and pain management; as well as transgender Veteran care.

#### SimLEARN

This initiative expands infrastructure and provides resources to develop and implement simulation-based training programs to enhance the quality of rural providers' skills by bringing the training opportunity to their location.

"A priority for VA is to provide care for Veterans that is accessible, near where they live," states Dr. Kathleen Klink, Office of Academic Affiliations' chief of health professions education. "The provision of high-quality health care is dependent on a well-trained, competent workforce."

<sup>1</sup> Rural Healthy People 2010—"Healthy People 2010: A Companion Document for Rural Areas." Volume 1. http://srph.tamhsc.edu/centers/ rhp2010/Volume1.pdf.

As VA's lead advocate for rural Veterans, the Office of Rural Health (ORH) works to see that America's Veterans thrive in rural communities. To support the health and well-being of rural Veterans, ORH establishes and disseminates Enterprise-Wide Initiatives that increase access to care for the 2.7 million rural Veterans enrolled in the U.S. Department of Veterans Affairs' health care system. Key focus areas include programs that address workforce shortages, transportation, primary care, mental health, telehealth and specialty care. To learn more, visit www.ruralhealth.va.gov.

